

NDIS psychology support

Referral information for self-managed and plan-managed participants

Bandai Choi | Clinical Psychologist

AHPRA-registered Clinical Psychologist with more than 10 years of experience across Hong Kong and Australia.

Support is collaborative, trauma-informed, neurodivergent-affirming and culturally responsive.



At a glance

Participants	Adults and adolescents
Languages	English, Cantonese and Mandarin
Locations	Essendon North, Footscray and telehealth across Victoria
Funding	Self-managed and plan-managed NDIS participants

Support may include

- Capacity-building therapy focused on everyday functioning, emotional wellbeing, routines and participation
- Assessment-informed recommendations and reports where clinically appropriate
- Adult ADHD, autism and AuDHD assessment pathways
- Trauma-informed and neurodivergent-affirming psychological therapy

Funding and suitability

NDIS funding use depends on the participant's plan goals, support category, budget and management arrangements. Suitability and availability are confirmed before appointments. Assessment or reports do not guarantee NDIS access or funding decisions.

What to include in a referral

- participant name and preferred contact details
- whether funding is self-managed or plan-managed
- the participant's goals, referral question and requested support

Secure referral channels

HealthLink EDI: breathe-n
Medical Objects: 1620212Y

Reception and service information

reception@breathe-n-smile.com | 0431 828 769
breathe-n-smile.com/ndis-psychology-support/

Please use secure messaging for clinical documents and avoid sensitive clinical information in ordinary email.