

Clinical psychology referrals

Information for GPs and health professionals

Bandai Choi | Clinical Psychologist

AHPRA-registered Clinical Psychologist with more than 10 years of experience across Hong Kong and Australia.

Therapy is collaborative, trauma-informed, neurodivergent-affirming and culturally responsive.



At a glance

Clients	Adults and older adolescents
Languages	English, Cantonese and Mandarin
Locations	Essendon North, Footscray and telehealth across Victoria
Appointments	In-person and telehealth

Clinical areas

- Complex trauma and PTSD, including ACT, EMDR, EFT and schema-informed therapy
- Adult ADHD, autism and AuDHD assessment and psychological support
- Anxiety, mood concerns, adjustment stress and burnout
- Behavioural addictions, emotion regulation and attachment-related concerns

Fees and funding

Standard 50-minute session: \$260. Concession session: \$195 where eligible and available. Eligible clients with a valid Mental Health Treatment Plan and GP referral may receive a \$149.05 Medicare rebate.

Other pathways may include WorkSafe Victoria, TAC, NDIS, FAS and private health, subject to eligibility and approval.

What to include in a referral

- client name and preferred contact details
- referral question and the support requested
- relevant funding, plan or approval details

Secure referral channels

HealthLink EDI: breathe-n

Medical Objects: 1620212Y

Reception and referral information

reception@breathe-n-smile.com | 0431 828 769

breathe-n-smile.com/referrals/

Please use secure messaging for clinical documents and avoid sensitive clinical information in ordinary email.